

ABZENCE

LIFE AVENUE

PLAYING THE VICTIM — PURGATORY — GLOOM — DARKGROUNDS — BEGIN

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ABZENCE



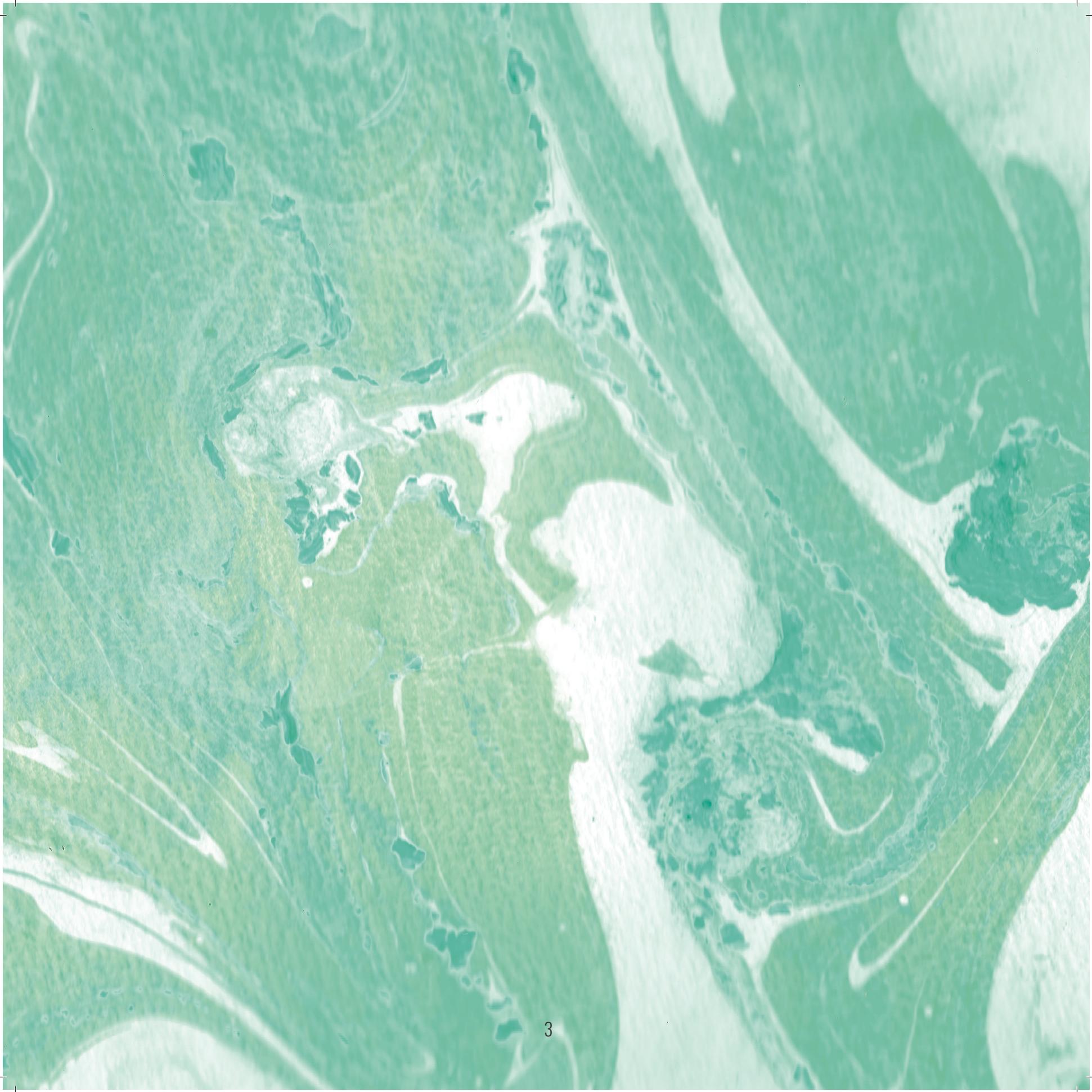
TRACKLIST

SIDE A

**PLAYING THE VICTIM
PURGATORY
GLOOM**

SIDE B

**DARKGROUNDS
(INSTRUMENTAL)
BEGIN**



PLAYING THE VICTIM

**„SO CALL IT LIVING
BUT WE'RE NOT FEELING ALIVE”**

VERSE 1

You can't look back
The past is dead, so are your conventions
Look what it made us to, only a barrage to you
We chose ourselves who want to be
Wo open your eyes, we'll let you see

CHORUS

So call it living
But we're not feeling alive
Choke us with medicine
for who's that to satisfy?
So pass the blame
and chant the mantra for your innocence
Quit telling how all used to be
Stop playing the victim
(urh)
Stop playing the victim

BRIDGE 1

This time around
everything's so abusive
Can you be a little louder?
Fuck your cynical bullshit

BRIDGE 1: MATHIAS

Is it never enough
Tell us how it's never enough

BREAKDOWN

I want you to feel the panic
I want you to feel the fear
I want to see some act now
It's never been more clear

Can't you hear our voices in the silence
Can't you hear our voices

VERSE 2: MATHIAS

With your one track mind
You are poison to the earth
And with your principles
we'l get what you deserve
We'l you will get what you deserve

CHORUS

So call it living
But we're not feeling alive
Choke us with medicine
for who's that to satisfy?
So pass the blame
and chant the mantra for your innocence
Quit telling how all used to be
Stop playing the victim

BRIDGE INSTRUMENTAL



PURGATORY

VERSE 1

Something about the way that you walked into
my living room
Casually and confident
lookin' at the mess I am
But still you, still you want me
Stress lines and cigarettes, politics, and deficits
Late bills and overages, screamin' and hollerin'
But still you, still you want me

CHORUS

Oh, I always let you down
You're shattered on the ground
But still, I find you there
Next to me
And oh, stupid things I do
I'm far from good, it's true
But still, I find you
Next to me (next to me)

VERSE 2

There's something about the way that you
always see the pretty view
Overlook the blooded mess,
always lookin' effortless
And still you, still you want me
I got no innocence, faith ain't no privilege
I am a deck of cards, vice or a game of hearts
And still you, still you want me

**„CHANT THE MANTRA FOR
YOUR INNOCENCE”**



GLOOM

GLOOM
GLOOM
GLOOM
GLOOM
GLOOM
GLOOM

VERSE 1

All my life been sittin' at the table
Watchin' them kids, they're living in a fable
Looks, luck, money and never left a 'wishin'
But now it's 'bout time to raise up and petition
All my life been sittin' at the table
Watching them kids, they're living in a fable
Looks, luck, money and never left a 'wishin'
Now it's 'bout time to stand up and petition

CHORUS

'Cause I've been wondering
When you gonna see I'm not for sale
I've been questioning
When you gonna see
I'm not a part of your machine
Not a part of your machine

VERSE 2

I'm not scared of what you're gonna tell me
No, I'm not scared of the beast in the belly
Fill my cup with endless ambition
And paint this town with my very own vision
I'm not scared of what you're gonna tell me
And I'm not scared of the beast in the belly
Fill my cup with endless ambition
And paint this town with my very own vision

CHORUS

'Cause I've been wondering
When you gonna see I'm not for sale
I've been questioning
When you gonna see
I'm not a part of your machine
Not a part of your machine
I am the machine

GUITAR SOLO

I am the machine

OUTRO

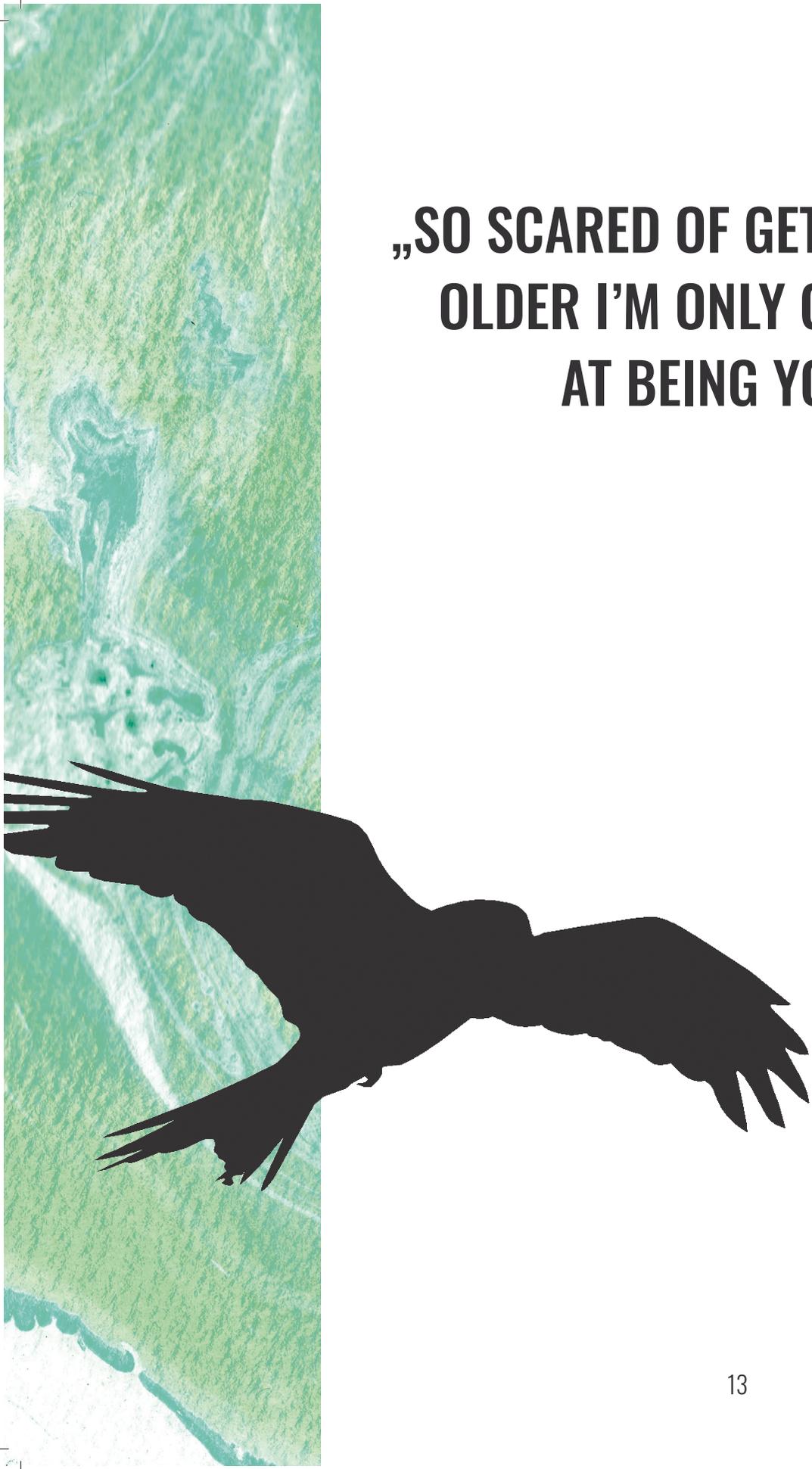
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When you gonna see
I'm not a part of your machine
Not a part of your machine
I am the machine





BEGIN





**„SO SCARED OF GETTING
OLDER I'M ONLY GOOD
AT BEING YOUNG”**

VERSE 1

No, I'm not color blind
I know the world is black and white
I try to keep an open mind
But, I just can't sleep on this tonight

CHORUS

Stop this train
I want to get off and go home again
I can't take the speed it's moving in
I know I can't
But honestly, won't someone stop this train?

VERSE 2

Don't know how else to say it
Don't want to see my parents go
One generation's length away
From fighting life out on my own

CHORUS

Stop this train
I want to get off and go home again
I can't take the speed it's moving in
I know I can't
But honestly, won't someone stop this train?

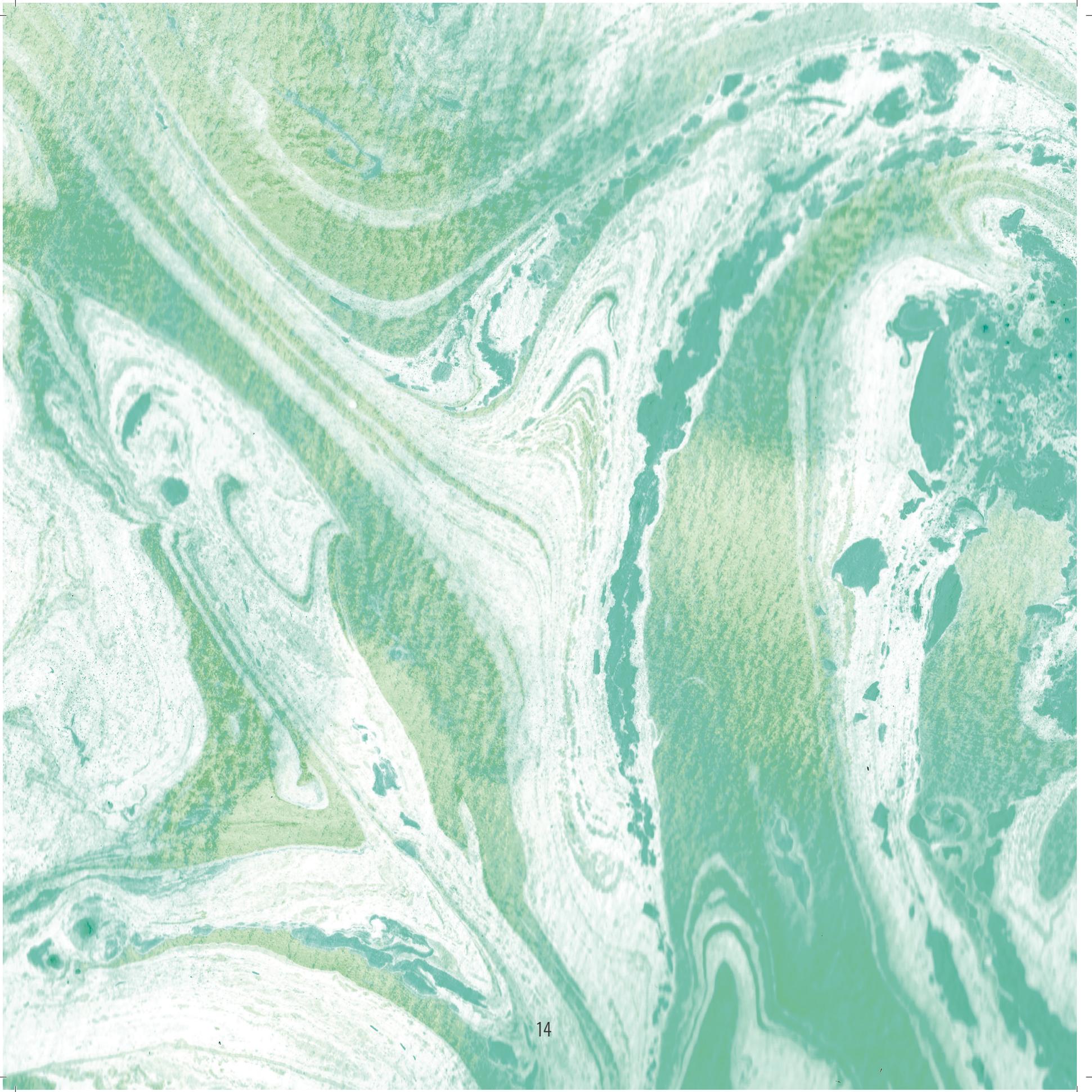
PIANO INTERLUDE

BRIDGE

Had a talk with my old man
Said, „Help me understand”
He said, „Turn 68, you'll renegotiate”

CHORUS

„Don't stop this train
Don't, for a minute, change the place you're in
And don't think I couldn't ever understand
I tried my hand
Honestly, we'll never stop this train”



ABOUT ABZENCE

Abzence is an upcoming Danish metal-core and djent band from Aarhus. The band consist of singer Sofus Nielsen, drummer Jeppe Bo Kibsgaard and guitarists Jonas Larsen and Johannes Strøbæk.

The four guys practice their music 1-2 times a week at MONORAMA, Aarhus V. Some of them work half-time to support their music, the others studying. They do not just see each other at practice, but also spend a lot of free time together. They have plans to play live gigs later in 2020. So, keep a heads up!

STYLE

Their music can be described as „pumped with both controlled rage and unhindered heart, accessible and ambitious, aggressive and beautiful“.

It has generally been classified as metalcore as well as technical metal and djent. It is characterized by choppy, complex guitar riffs, the use of obscure time signatures and rhythmic breakdowns, and guitarists alternating between a „down-tuned rumble“ and „melodic punk“ during songs. It is based on both technical proficiency and the use of catchy riffs and choruses.

INFLUENCES

Abzence's primary musical influences have been identified as artists ranging from the realms of hardcore punk and heavy metal music such as Architects, Periphery, Fit for an Autopsy, and Monuments. When com-

menting on their influences drummer Jeppe has said that „Architects are such a massive influence on Abzence. Back in the day, that's what we wanted to sound like when we were younger“. In the same interview, he also stated that All Our Gods Have Abandoned Us (2016) is one of his favorite albums.

LYRICS

When Sofus joined the band, drummer Jeppe had commented that the lyrics Sofus wrote drew from more personal experience than those of his predecessor.

The lyrics focus on several themes, with some songs dealing with everyday life like sitting in a car with friends or angst against girls. For the lyrics of Life Avenue, Sofus and Jeppe collaborated on writing, focusing on what they believed to be „bigger picture“ themes, such as the critique of negative aspects of politics and society.

ABOUT THE EP

In Life Avenue, Abzence charge at themes like love, mental health, and longing for a better world. Struggling with the feelings and commitment to ones around you, and the battle between the physical world and the one in your imagination. They explore the concept of what it means to be aware and awake, both in lyrics and sound.

